

TIPS FOR A GREENER LIFESTYLE!

How can we live sustainably?

IN THIS SERIES WE EXPLORE HOW WE CAN BE SUSTAINABLE TOGETHER,
RIGHT HERE IN ATHENS-CLARKE COUNTY!



THIS MONTH'S TOPIC:

LOVE'S NOT A LIMITED RESOURCE!

HANNAH CHAFFEE

Grocery stores have been full of heart shaped chocolate boxes, pink teddy bears and an amalgamation of red hued balloons for weeks now, but the day is finally in sight: Valentines day. Love –and carbon emissions– are in the air, so whether you feel destined to be the single friend for life or are staring dreamily into your partner's eyes as the waiter unsuccessfully tries to get your attention to ask for your order, Valentines day is a day to celebrate all kinds of love. So why not take the day to also celebrate your love for the environment. Because after all, nothing is more attractive than caring for the planet and all the people living on it.

So here is a list of fun, environmentally friendly dates that you can do with your significant other, your friends or by yourself (because you deserve some me time after all)!

1. Take your crush to the farmers market and buy them (or yourself) some sustainably sourced flowers or vegetables!
2. Dress to impress! Give some love to second second hand garments and head to your local thrift store!
3. Take their breath away (or your own)-literally! Embark on a romantic bike ride down the greenway.
4. Impress your date with your immense knowledge of the ecosystem (or willingness to learn) by taking them bird watching.
5. Hit the library! There is nothing more enchanting than participating in circular economies.
6. Want to give them butterflies? Spend the afternoon planting native pollinator friendly flowers. Or better yet, start your own backyard composting!

We know that most of these are more fun to do as a couple, so if no of these strike your fancy just remember that you don't need two people to go hug a tree!

